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#### BULLETIN OF THE ROTARY CLUB OF WAGGA WAGGA Inc. - CHARTERED 1930

Web: - www.waggarotary.org Facebook: - https://www.facebook.com/waggawaggarotary

Postal Address: - PO Box 246, Wagga Wagga, 2650

RI President: Mark Maloney

Dist. Governor 9700: John McKenzie

Asst. Gov. Group 7: Elaine Almond

Club President: David Friedlieb

Club Secretary: Ellen Brasier



### **THE FOUR WAY TEST:**

Of the things we think, say or do: -

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill & better
- friendships?
- Will it be beneficial to all concerned?

**BULLETIN NO: 22** 

Thursday 28<sup>th</sup> November, 2019.

## NOVEMBER IS ROTARY FOUNDATION MONTH.

Club meets at the WAGGA WAGGA COUNTRY CLUB, 6:00 PM for 6.30 PM (unless stated below).

## **Duty Officers' Roster: -**

Please arrange for a replacement if you cannot fulfil your rostered duty. Also inform the Bulletin Reporter.

DATE:	Thursday 5 <sup>th</sup> Dec.	Thursday 12 <sup>th</sup> Dec.	Thursday 19 <sup>th</sup> Dec.
PROGRAMME:	Kylie Perry Pain Management.	Club Christmas Party.	NO MEETING.
ATTENDANCE:	Karel Bijker John Studdert	Karel Bijker Mary Ann Kelly	The next Club meeting is
GREETER:	Alf Barzen	Margaret Keys	scheduled to occur on
SHORT & SWEET:	Alok Sharma	Elaine Almond	Thursday
FINES-MASTER:	Tony Hutchinson	Gordon Saggers	16 <sup>th</sup> January 2020
INTRODUCE SPEAKER:	Margaret Everett	Not Required	at our <b>Book Sorting</b>
VOTE OF THANKS:	Gordon Saggers	Not Required	facility.
BULLETIN REPORTER:	Bryan Short	Vicky Donoghue	

Invocation: For good food, good fellowship and the opportunity to serve through Rotary, we give thanks.

Unable to attend a meeting? Please lodge an apology with THE COUNTRY CLUB OFFICE ☎ 6922 6444 by 2.30 pm Wednesday (or pre-record it in the book provided at the meeting attendance table – IN BLOCK LETTERS).

#### **MEETING REPORT: -**

#### Attendance.

In lieu of our normal meeting, members congregated at the Wagga Civic Precinct to enjoy the Annual Shine Awards. It was pleasing to see a good turn-out of members conspicuously 'decked out' in their green club shirts.

Guests included Deputy Mayor Dallas Tout and his wife, Group Seven Assistant Governor Elaine Almond, Retired Chairman of Kurrajong-Waratah, Michael Kennedy OAM, (Patron of Shine Awards), Past District Governor Gary Roberts and his wife Marilyn & Rev Tara Peck (Patron of Shine Awards). John Egan was introduced as the official photographer for the event, and Anne Lowe (TAFE Management) was this years Key-Note Speaker.

Apologies were recorded from Alf Barzen, Bruce Barber, Howard Mendel, John Studdert, Mike Murray, Neil Hilpern & Rajinder Singh.

### Shine Awards.



Our warm and heart-felt thanks go to Alan Lean who, not only is the driving force behind this wonderful and worthwhile program but also acted as MC for the evening.

Apologies from Mayor Greg Conkey (who made a late appearance), Brian Kahlefeldt, Samantha Brunskill & Kay Hull. (all of whom are strong supporters of this annual event) were read out.

Alan welcomed everyone and proceeded to impart a little history of this event, which he initiated with the support of the Rotary Club of Wagga Wagga, in 2011. This was done to recognise the difficulties faced and overcome by those in our community facing physical

and/or intellectual disabilities, as they navigate their way through the pitfalls of entering the workforce. The awards also acknowledge the support and commitment given by employers of these individuals.

Deputy Mayor Dallas Tout in his address noted that there was a large number of people attending the awards, and gave his congratulations to everyone for the contribution they make on a daily basis.

Our past member, Tara Peck, who mentioned that she was only contacted by Alan a few hours prior to the event and asked to say a few words, said it was a privilege and a pleasure to speak. Tara, who is vision Impaired, said that having a disability can be at times frustrating and challenging as well as motivating. She spoke movingly about the path she has travelled, and the choices made by those who manage their disability. She finished by saying that the Shine Awards acknowledge that those with a disability want to run the race of life with everyone else. Her Advice: RUN WELL AND FINISH WELL.



Our Key-Note Speaker, Ann Lowe, had given a great deal of thought to the word 'Shine', and went on to give the audience some wonderful examples of well known personalities who had overcome a disability to 'Shine' in one way or another. Daniel Radcliffe overcame Dyspraxia to become an actor. Jamie Oliver had dyslexia yet has written approx. 20 cook books, Michael Phelps, the swimmer, became an Olympic Gold Medallist, despite having severe ADHD. Ann then went on to give examples of local people who had excelled whilst overcoming adversity. A vision Impaired woman who has just commenced commercial cooking classes. Ann believes that with effort, belief and hard work, much can be achieved, and she challenged everyone in the room to spread the word about the Shine Awards to encourage more and more nominations each year.

Ann finished by stating we should all Shine with Determination to Inspire Others.

The proceedings then moved on to the Shine Awards themselves. This year there was a slight change in that there was no Ambassadors chosen to represent the Shine Awards. All nominees would get recognition with a framed certificate and a book, '90 mins to Success' written by Brian Kahlefeldt.

Alan Lean and Cheryl Roberts alternated reading out the nominations. There were Nine Nominations of Employers, and Fifteen Nominations of Employees, all of whose stories were really inspiring.

Club President David Friedlieb gave his thanks to the Employers and Employers for the wonderful contribution all have made to our community. He ended by thanking everyone who came along to support family friends and colleagues tonight.

The formal part of the evening concluded with congratulations to all award recipients and thanks given to Wagga Wagga Rotary Club, Rotary Shine Awards Committee, Mayor Greg Conkey and Council Staff for setting up the facilities, Lyndal Seymour for her assistance with the awards, and all the special guests for attending, and the Rotary BBQ Team for their hard work outside while the award ceremony was ongoing.

The audience then joined us for a delicious meal provided by the highly acclaimed Wagga Wagga Rotary BBQ Team. The food must have been delicious as it was ALL eaten within minutes.



#### **NOVEMBER IS ROTARY FOUNDATION MONTH: -**

#### THE ROTARY FOUNDATION



The Rotary Foundation is the charitable arm of Rotary International, it exists to convert Rotarians time, money, and expertise into priorities, such as Polio-Plus and promoting peace. Foundation Grants empower Rotarians to approach challenges such as poverty, illiteracy, and malnutrition with sustainable solutions that leave a lasting impact.

## **GUIDING PRINCIPLES**

For more than a century, the Foundation's guiding principles have been the foundations upon which our values and tradition stand. The Four-Way Test, Object of Rotary, and the Avenues of Service express our commitment to service, fellowship, diversity, integrity, and leadership.

#### AREAS OF FOCUS.

Efforts are directed to six areas to enhance Rotary's local and global impact. The most successful and sustainable projects and activities tend to fall within the following areas:

- Promoting Peace
- Fighting Disease
- Providing Clean Water
- ✓ Saving Mothers And Children
- ✓ Supporting Education
- Growing Local Economies

#### **COMING MEETINGS: -**

After a few weeks away, the next two next weeks see us return 'Home' to the Wagga Wagga Country Club. Start times are unchanged – 6:00 PM for 6:30 PM.

# (1) THURSDAY 5th DECEMBER: -

The planned program this week is most interesting. Our Key-Note Speaker is Kylie Perry, Margaret Everett's daughter, a local physiotherapist and a qualified Pain Educator.

Persistent (or chronic) pain has become a significant health burden on Australia. Currently statistics show that 20% of Australian's will experience a persisting pain state, that will significantly impact their quality of life and social function, at some stage during their lifetime. Persistent pain currently costs Australia over \$73 billion each year.

Last year, Kylie was awarded a scholarship to join the Pain Revolution, an organisation with a vision that all Australians will be resourced, empowered and supported to prevent and overcome persistent pain. She completed a Professional Certificate in Pain Science through the University of South Australia and was mentored as a Local Pain Educator for this region.

For more information about the Pain Revolution and the Local Pain Educator Program please see the link: - <a href="https://www.painrevolution.org/">https://www.painrevolution.org/</a>

This presentation will be of special interest to members, friends & colleagues – all of whom are most welcome to attend (provided you advise numbers for catering).

## (2) THURSDAY 12th DECEMBER: -



The following week is our Club Christmas Function is open to all members, partners & guests and numbers (for catering) will be called for at our next meeting.

Members are requested to: -

- 1. Wear Bright/ Christmassy attire plenty of Christmas bling please. There will be a mystery prize for... well; that'll be a surprise.
- 2. Get your voices in order for **COMMUNITY CAROL SINGING**.
- 3. Bring along a gift for a child, aged between 2 & 12 years of age (with an age tag on the outside). These gifts will be placed under the K-Mart Wishing Tree.

#### PLEASE BLOCK-OUT THE FOLLOWING DATES IN YOUR DIARY: -

<b>♦</b> 5	<sup>th</sup> December	BBQ at Clontarf Cricket Carnival Bolton Park – 11:00 AM.
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◆ 12<sup>th</sup> December Wagga Rotary Christmas Party.

◆ 14<sup>th</sup> or 15<sup>th</sup> Dec. BBQ at Multi-cultural afternoon Botanic Gardens.

◆ 11-17<sup>th</sup> January 2020 RYLA.

◆ 4<sup>th</sup> March 2020 Catering At Lilier Lodge.

◆ 20-22<sup>nd</sup> March 2020 Final D9700 Conference (Temora).

♦ 2-3<sup>rd</sup> May 2020 Wagga Rotary BOOK FAIR.

♦ 3<sup>rd</sup> June 2020 Catering At Lilier Lodge.

♦ 6-10<sup>th</sup> June 2020 Rotary International Convention – Honolulu, Hawaii, USA.

## THE 'HAPPY SNAPS' FROM THIS WEEK: -







Deputy Mayor Dallas Tout addresses the Shine Awards.

The 2019 Shine Award Recipients.

The BBQ Team (plus a few friends) prepare the meal.



Preparing to serve the Shine

Award meals.



The BBQ Team 'in action' at the Disability Dance Party.



Bruce & Paul – ensuring that the onions are lightly browned.



Birthdays: Carol Murray (4/12), Gordon Saggers (7/12), Bryan Short (14/12) & Yvonne

Pembleton (10/12).

Rotary Anniversaries: Nil.

Wedding Anniversaries: David & Fran Payne (7/12) and Nepal & Dipa Ghosh (12/12).



# **CSKOOKABURRACS**



