



**ROTARY CLUB  
OF WAGGA WAGGA**

part of the solution



ABN: 42 569 872 625

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**BULLETIN OF THE ROTARY CLUB OF WAGGA WAGGA Inc. - CHARTERED 1930**

Web: - [www.waggarotary.org](http://www.waggarotary.org)

Facebook: - <https://www.facebook.com/waggawaggarotary>

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**RI President:** Holger Knaack  
**Dist. Gov 9705:** Michael Moore  
**Area Three Gov:** Martin Brown  
**Club President:** David Payne  
**Club Secretary:** Ellen Brasier



Rotary Opens Opportunities

## THE FOUR WAY TEST:

Of the things we think, say or do: -

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill & better friendships?
- Will it be beneficial to all concerned?

**BULLETIN NO: 16.**

**Thursday 15<sup>th</sup> October, 2020.**

**OCTOBER IS ECONOMIC & COMMUNITY DEVELOPMENT MONTH.**

Club meets at the **WAGGA WAGGA COUNTRY CLUB**, **6:00 PM for 6.30 PM** (unless stated below).

Duty Officers' Roster: -

Please arrange for a replacement if you cannot fulfil your rostered duty. Also inform the Bulletin Reporter.

DATE:	Thursday 22 <sup>nd</sup> Oct.	Thursday 29 <sup>th</sup> Oct.	Thursday 5 <sup>th</sup> November
<b>PROGRAMME:</b>	<b>Polio Update</b> PDG John McKenzie	<b>Andrew Crackanthorp</b> GM Riverina Water CC	<b>Sofi Seneme</b> Brazilian Exchange Student
<b>ATTENDANCE:</b>	Karel Bijker Mary Ann Kelly	Karel Bijker Tony Hutchinson	Karel Bijker David Kennedy
<b>GREETER:</b>	Not Required (COVID)	Not Required (COVID)	Not Required (COVID)
<b>SHORT &amp; SWEET:</b>	Elaine Almond	Brad Bland	Peter Murray
<b>FINES-MASTER:</b>	Paul Galloway	Donoghue Vicky	David Wynne
<b>INTRODUCE SPEAKER:</b>	David Friedlieb	Graeme Callander	Tony Hutchinson
<b>VOTE OF THANKS:</b>	Bruce Barber	Mike Murray	Gary Roberts
<b>BULLETIN REPORTER:</b>	Peter Veerhuis	Brasier, Ellen	John Heazlewood
<b>C'TTEE MEETINGS:</b>	N/R	Board Meeting	N/R

Invocation: *For good food, good fellowship and the opportunity to serve through Rotary, we give thanks.*

Unable to attend a meeting? **Please lodge an apology with THE COUNTRY CLUB OFFICE ☎ 6922 6444** by 2.30 pm Wednesday (or pre-record it in the book provided at the meeting attendance table – IN BLOCK LETTERS).

*Also, for catering purposes, please advise if bringing a guest to a meeting.*

## **MEETING REPORT: -**

### **Attendance.**

In the absence of our President David, thirty members and seven guests were welcomed by Immediate Past President David Friedlieb, who presided over our 'Crazy Hat' meeting.

Our guests included Club Guest and Key-Note speaker PDG John Egan who was accompanied by his wife Maria, who was officially a guest of Ellen Brasier. Other guests were Peter & Lyn Olsen (guests of Peter Veerhuis), Marilyn Roberts (guest of Gary), Jane Heazlewood (guest of John), Fran Mecham (guest of Terry) and David Friedlieb's special guest Jan Jones, of whom more is written later in this publication.



Apologies were recorded from Alf Barzen, Allan Duffus, Alok Sharma, Brad Bland, Bryan Short, David Payne, Gerry Page, Gordon Saggars, Mike Murray, Neil Hilpern, Peter Smart & Rajinder Singh.

After the Rotary Invocation a Toast was made to "Rotary & Australia", The Tigers and the Wallabies.

### **Administration Matters.**

- The District 9700/9705 AGM will be held Sunday 15th November at 10am, via Zoom. A representative from our club will be required to attend the meeting. Who this will be shall be confirmed nearer the time.
- Our next Board Meeting will be on 29<sup>th</sup> October 2020
- Peter Murray addressed the club regarding the 'Save our Voices' campaign which was reported on the front page of the Daily Advertiser on Wednesday 14<sup>th</sup> October 2020. Any member who wishes to support this action to support regional media can find out more at <http://saveourvoices.com.au/>
- This weeks raffle was won by Bill Prest.
- Graeme Callander reported that Alf Barzen was admitted to Calvary Hospital on Friday 16<sup>th</sup> October, for a Hip Replacement. He came through with flying colours.

### **Short & Sweet.**

Hat Judging - Each table nominated a member with the most 'interesting' hat.



There were some very interesting stories to go with the hats in the room, ranging from Margaret Everret with her invisible 'Empress with No Hat', Barry Francis who borrowed his headwear from Tutankhamen and John Egan who got his hat from a Leprechaun in Ireland. The contest finally came down to Gary Roberts who received his Stetson in exchange for his Akubra from the relative of an exchange student he had known nearly 40 yrs ago, and whom he had managed to 'bump' into whilst looking for said student in Texas, and David Kennedy whose hat was given to him by his family in 1952, and was the inspiration for the 1920's dress theme of David's Dance-band in Wagga Wagga in 1957 and beyond. The band had so much success, all the other dance bands in Wagga closed down until only the Wonderland and Coconut Grove was left, and David felt it was all thanks to the inspirational Hat. (Though I'm sure the amazing musical talent of some members of the band had something to do with the success too!). On an applause vote, David Kennedy narrowly won the 'Best Hat of the Night' Award.

### **Fines-Master Session.**

David Cannon managed to relieve us all of plenty of coins as he worked his way around the room, fining individual members for perceived transgressions, and members in general whenever he could. The former

included Graeme Callander, (for going overtime in his Short and Sweet last week, even though he had good reason) and Peter Veerhuis (for wearing a hat that makes him look younger). Graham Russell, Bill Prest, The Smarts, Elaine Almond, Barry and Chris Francis all paid up with a smile for birthdays and wedding or rotary anniversaries. Though it should be said that Bill Prest paid extra for having been married the longest at 56 years. This weeks club's theme was 'Hat Night' for Mental Health, so any members who either did not bring a hat, or who were not wearing their hat at that time had to pay for the privilege of having a bare head. David then went on to fine pool owners, youngsters under 75yrs, equine owners and of course, all the women in the room. A very entertaining fines session which raised funds for a very worthwhile cause.

### Key-Note Speaker.

John Egan then commenced his talk about Rotary Mental Health. John is in the Wollundry Rotary Club, and has been a guest at our club many times.



In 1981, a Rotarian called Ian Scott at the Rotary Club of Mornington in Victoria became aware of devastation Sudden Infant Death Syndrome (SIDS) caused families, and he proposed that Rotary establish a National Research Foundation to fund health research, with a focus on family health. By 1995 Australian Rotary Health, as it was to be called, had raised Aus\$2 million and one of its first grants was research on the cause of SIDS.

At the time parents were told to swaddle their babies in their cots, to put them on their tummies, with toys etc. But every year in Australia at that time approx. 140 babies were dying from SIDS every year. The absolute cause still isn't known, but the Rotary Funded

research has now shown that babies may not be able to regulate their Carbon Dioxide build-up, so they should NOT be swaddled in their beds. They should be laid on their backs, with no toys in the cot.

The number of annual SIDS deaths reported in Australia now (2017) is down to 40, which is due in large part to the funded research.

Since 2014, Australian Rotary Health (ARH) has been the largest non-governmental organisation that funds Mental Health Research.

Approximately Aus\$3.2 million will be spent by ARH this Rotary Year, with the following included;

- 1.6 million Research into Mental Health
- 120,000 PhD Scholarships into Mental Health
- 270,000 Post Doctoral Fellowships
- 650,000 Shared PhD Scholarships
- 400,000 Indigenous Health Scholarships

Rotary has been at the forefront of removing the stigma that having a mental health condition carries.

When a friend/colleague/fellow Rotarian is sick with a physical disease or illness, it is usually easy to see that they are not well, and give sympathy, empathy and be a friend. But when one has a Mental Illness, it is not so easy to see or understand. A lot of people feel uncomfortable and don't know what to say, or how to handle a discussion. And most people are worried about asking a friend/colleague or loved one if they have had thoughts of self/harm or suicide. They might feel it would put the idea in their head. The truth is that it doesn't. And in asking, you are helping. Everyone knows the words R U OK? Now. But they can be really powerful when used with feeling and care. R U REALLY OK?

And letting that person know that you love them, or you care about them is maybe all they need to open up to you. Again, can be a trite saying, but very true all the same: A problem shared is a problem halved.

John went on to tell us that in 2015 the Rotary Club of Cootamundra organised a Mental Health Forum for the

local area. They were expecting maybe a couple of hundred people to show up, but 700 attended. This was totally unexpected, and has made them realise the desperate need for community support.

Beyond Blue/Headspace etc deal directly with Mental Health Sufferers.

Australian Rotary Health provides funds for research, which can be just as important. ARH donations fund Mental Health Research, General Health Research, Indigenous Health Scholarships and Rural Medical & Nursing Scholarships, but any of those particular research/scholarship areas can be requested for your donation.

### **PHF PRESENTATION: -**

David Freidlieb gave the following citation and presentation of a Paul Harris Fellow.



My guest tonight for our annual Rotary Mental Health Hat Night is Mrs Jan Jones, who has been first a client of mine and also a friend since we met around 1992. Jan and her husband Glyn owned a large farming property between Coolamon and Ardlethan and came to me following the unexpected death of their previous accountant. Soon after, Glyn became ill and Jan needed to become far more involved in their business affairs. Jan was a very fast learner!

Jan was originally a Sydney girl from Croydon Park, the daughter of a doctor and later the sister of a doctor. Jan went to school with Glyn's cousin, and met Glyn on a trip home with her school friend. She completed training as a nurse before marrying, which led to 4 children, a very successful farming enterprise, and a lifetime here in the Riverina. She was very involved in construction of the farm homestead at their property known as "Glyntirion", and in the substantial gardens surrounding it. Jan and Glyn hosted many social gatherings there, let's say the gatherings did not suffer from midnight curfews. When Glyn's health required that the property be sold, with many regrets for Jan, they moved into central Wagga and completed a major renovation of their prominent home, where Jan enjoys many long days in her garden once again.

Which brings me to a very important acknowledgement tonight. In June 2019 and June 2020, Jan has been a significant benefactor to several charities including Australian Rotary Health. She chose Australian Rotary Health specifically because of its emphasis on research into Mental Health. Tonight I am delighted to announce that our Club is recognising Jan's generosity with a Paul Harris Fellow recognition.

The presentation of a Paul Harris Fellow recognition is The Rotary Foundation's way of expressing its appreciation for a substantial contribution to its humanitarian and educational programs. It is named for our founder, Paul Harris, a Chicago lawyer who started Rotary International with three business associates in 1905. We move closer to a world of peace and good will today as Mrs Jan Jones becomes a Paul Harris Fellow. Her gifts to Australian Rotary Health's research into Mental Health is a commitment to peace and to a better life for people across the world whom she may never meet. This is a truly selfless action. Jan, it is because of gifts like yours that Australian Rotary Health is able to carry out its research and contribute to a better world. In becoming a Paul Harris Fellow, Jan joins a remarkable company of persons throughout the world, all recognized for their devotion to the ideal of good will, peace and understanding. It is the goal of Rotarians the world over, and one that Jan clearly shares. It gives me great pleasure, Jan, to present you with the three emblems of appreciation given to a Paul Harris Fellow - - certificate, medallion and pin. We congratulate you and we thank you for your commitment to the aims of Australian Rotary Health.

Jan thanked the club for the presentation, which she had not been expecting, and was generous in her appreciation of Rotary and the work we do, saying she was very happy to support the club in any way she was able.

## **THE ROTARY FOUNDATION: -**

The Australian Rotary Foundation Trust (TARFT) is a non-profit corporation that supports the efforts of Rotary International (RI) to achieve world understanding and peace through international humanitarian, educational, and cultural exchange programs. When you donate to the Rotary Foundation, it makes **Doing Good in the World** possible.



Thanks to Rotarians, who donated a total of \$123.6 Mil In 2019/20, the Foundation processed 1,359 local and international grant projects that improve lives around the world. To make further deductible donations, click onto: - <https://www.rotary.org/en/donate>

## **OCTOBER IS ROTARY ECONOMIC & COMMUNITY DEVELOPMENT MONTH: -**

Economic and community development is one of Rotary's six Areas of Focus. Unemployment, underemployment, lack of economic opportunity, lack of appropriate training, and the absence of social safety nets lie at the core of poverty.



For the poor, labour is often the only asset available to improve well-being. Creating productive employment opportunities is essential for reducing poverty and achieving sustainable economic and social development, and for providing income security and empowerment especially for women, people with disabilities, youth, and the extremely poor.

Like education and health strategies, generating income and creating opportunities for a productive workforce and entrepreneurship are essential for reducing poverty.

Consider these facts: -

- Every 1% increase in agricultural income per capita reduces the number of people living in extreme poverty by between 0.6% and 1.8%.
- Studies find strong evidence that access to microcredit leads to reduced vulnerability, in the sense of a lower threat of fluctuations in income or consumption.
- In Nigeria, studies show that a mere 1% investment in human resources such as education and training will lead to a more than 66% decrease in poverty.
- Women in low value-added sectors lack skills to access other higher value-added sectors. As shown in countries such as Singapore, Taiwan, and Malaysia, an increase in vocational training is a precondition for countries to make the transition from low to high value-added production.

Tremendous progress has been made to reduce global poverty. According to the World Bank, 1.92 million people lived on less than \$1.25 a day in 1990 compared to only 1 million in 2011. In 2015, several Millennium Development Goal targets were met. While substantial progress was made in many areas, pressing global needs still remain. With the adoption of the Sustainable Development Goals, an updated development agenda outlines remaining concerns:

- Almost 202 million people were unemployed in 2013, 67.4 million of whom were young people, ages 15-24.
- Agriculture is the main source of income and employment for the 70% of the world's poor who live in rural areas.
- The gender gap in employment persists, with a 24.8 percentage point difference between men and women in the employment-to-population ratio in 2012.

We can be justly proud of Rotary's efforts in this Area of Focus. Next week's Club Bulletin will highlight a couple of case studies to demonstrate the achievements.

**NEXT MEETING: -**

Next week we meet again at the Wagga Country Club and will again host John McKenzie, who is the PDG (and in fact the final DG) of District 9700. John will be visiting us from his Home-Club, Orange North and will provide a succinct update of Rotary's progress with our Polio Plus Project.

In addition to his other Rotary duties he is currently chairman of the D9705 Global Grants committee and would probably be able to satisfy any member's enquiries in this area.



**PLEASE BLOCK-OUT THE FOLLOWING DATES IN YOUR DIARY: -**

- ◆ **15<sup>th</sup> November 2020**      **District AGM on Zoom.**
- ◆ **3<sup>rd</sup> December 2020**      **District Governor's Visit on Zoom.**
- ◆ **17<sup>th</sup> December 2020**      **Club Christmas Function (Details TBA).**
- ◆ **19-21<sup>st</sup> March 2021**      **District Conference (Bathurst).**
- ◆ **12-16<sup>th</sup> June 2021**      **Rotary International Convention (Taipei).**

**THE 'HAPPY SNAPS' FROM THIS WEEK: -**



**Barry shows us up with his royal headgear.**



**Bill sweeps all competition away in the Raffle.**



**David with the Fines Sesion.**



**Peter McVeerhuis what a hat!**



**Vida busy taking notes for the Bulletin.**



**Peter advocates for 'Save the Voices'.**



**BIRTHDAYS & ANNIVERSARIES: -**

(18<sup>th</sup> Oct – 24<sup>th</sup> Oct)

**Birthdays:** Nil.  
**Rotary Anniversaries:** Alf Barzen (18/10/18) & Mike Murray (24/10/91).  
**Wedding Anniversaries:** Nil.



**≈ KOOKABURRA ≈**



'IT'S ONE WORD GEORGE!'



**It's been a bit of a  
strange day!  
First I found a hat  
full of money.  
Then I was  
chased by an  
angry man with a  
guitar...**



*Some Lions Mate Over 50 Times A Day – They Didn't Tell Me That Until After I Had Joined Rotary.*